

Senior Wednesdays @ Your Library

Rock Island Public Library

April 30, 2009

Rock Island Library Offers “Senior Wednesdays” to Mark Older Americans Month



The Rock Island Public Library will host three special morning programs to help Quad Citians learn more about the legal and long-term care issues that may affect them as they age.

Senior Wednesdays @ your library will provide coffee, donuts and the chance to learn from local experts in the legal, social work, nursing and care coordination fields. The programs are offered on three Wednesdays at 10 a.m. in the Rock Island Main Library Community Room, 401 19th Street (downtown.)

May 6: Elder Law Isn't Just For Seniors

D. Jamieson Long, Jamieson Long & Associates Elder Law Team

If you think Elder Law is only about wills, trusts, death and dying – think again. D. Jamieson Long, of Jamieson Long and Associates, will discuss how elder law can help people of all ages and what the specialty covers. Learn how elder law affects you and your loved ones – no matter the age. Here's your chance to ask an elder law attorney questions at no cost to you.

May 20: Navigating The Journey of Care

Julie Arndt and Deb Toal, GolderCare Solutions Unlimited, LLC

What you don't know about long-term care can hurt you. Experts from the social work and nursing professions will discuss the topic of care coordination. Whether you're interested in staying in your home as long as possible or looking for the right place to live, you'll learn how care coordination can enhance you and your loved one's quality of life.

May 27: Paying For The Journey of Care

Jamie Long and Beth Maxwell, GolderCare Solutions Unlimited, LLC

You have more options than you know when it comes to paying for long-term care. Learn about payment systems you may not be aware of and the role of Comprehensive Care Coordination in helping to navigate multiple systems of the often contradictory rules that affect long term care.

Jamieson Long and Associates is a Moline-based law practice which helps older and disabled clients to navigate the complexities of today's legal and health care systems. A subsidiary, GolderCare Solutions Unlimited, LLC, provides assessment, advice and assistance on obtaining care services for seniors and the disabled.

Libraries offer plenty of print, online, visual and audio resources, many of which are free with a library card. For money-saving entertainment, enlightenment and enrichment for all ages, visit the Rock Island Main, 30/31 and Southwest Branch libraries, or check the Rock Island Library online at www.ripl.lib.il.us for details about library cards, services and free events for the family.

